BULLETIN

OF

THE TUSKEGEE SCHOOL OF NURSE-MIDWIFERY

TUSKEGEE INSTITUTE, ALABAMA

1945
The Tuskegee School
of
Nurse-Midwifery

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Claudia M. Durham, Instructor, Nurse-Midwifery, R.N.—Providence Hospital, Chicago, Ill.
B.S.—Loyola University, Chicago, Ill.
C.N.M.—Tuskegee School of Nurse-Midwifery

Joseph R. Mitchell, Instructor and Obstetrician, Obstetric Chief, John A. Andrew Memorial Hospital, Tuskegee, Ala.
M.D., University of Illinois, Chicago, Ill.

Visiting Lecturers from State and local agencies.
Nurse-midwives work with lay midwives.
INTRODUCTORY STATEMENT

The nurse-widwife enjoys one of the most satisfying careers in public health nursing. She sees the direct results of her work in improved health of both mothers and infants. Her visits to the home before, during and after the baby's birth frequently mean the difference between good care and poor care—or even no care at all, for each year less than a third of our Negro babies are born in hospitals and many thousands of mothers go through childbirth without the care of a physician. War recruitment of doctors and nurses has created a still greater shortage of medical care.

The certified nurse-midwife, working under medical guidance, can do much to improve the health of mothers and children. Maternal and infant mortality rates in this county decreased 56 per cent from 1935 to 1942, and yet in 1942, in the country as a whole, 26 women died in childbirth for every 10,000 babies born alive. The rate for Negro mothers is more than twice that for white mothers, and the rate for Negro infants almost twice as great as that for white babies.

Since the opening of the Tuskegee school for nurse-midwives in September 1941, graduates representing many states of the South have gone to rural areas to assist in improving maternity care. The school is a joint project of the Tuskegee Institute and the Alabama State Department of Health.
FACILITIES

The school is located on the beautiful campus of Tuskegee Institute. Facilities include the John A. Andrew Memorial Hospital, the Nurses' Residence, and the Murray Smith Cottage. Field experience is provided for students through the Macon County Health Department.

The social and welfare organizations in Macon County and the State offer the student opportunities for experience in assisting in planning with cooperating community agencies additional services for maternity patients and newborn infants.

A reference library is maintained at the Murray Smith Cottage for use of staff and students. The library of the John A. Andrew Memorial Hospital and the Hollis Burke Frissell Library of Tuskegee Institute are also available for student and staff use.
REQUIREMENTS FOR ADMISSION

Applicants, in order to be admitted, must be graduates of accredited schools of nursing and be registered for nurse practice. It is desirable that students be eligible for college matriculation. They should be between 25 and 40 years of age, and in good health. A report of a physical examination is required of each applicant before admission.

A nurse planning to work in public health agencies should have had one year of experience, under supervision, in public health nursing, and should have completed a minimum of one semester in an approved program of study in public health nursing. A nurse preparing for hospital positions, such as head nurse, ward supervisor or instructor of obstetric nursing, should have had one year of experience under supervision in the obstetric department of the hospital, and preferably should have completed at least one semester in an approved program of study in teaching and supervision.

Special consideration will be given to students who do not meet the above requirements but have had other experience and preparation in nursing.

Above all, the applicant should have a real appreciation of the vital part which nurse-midwifery can play in maternal and child health.

Application should be sent to the Director of Tuskegee Nurse-Midwifery School, Box 762, Tuskegee Institute, Alabama.

FEES AND ESTIMATED EXPENSES

<table>
<thead>
<tr>
<th>Item</th>
<th>Cost</th>
</tr>
</thead>
<tbody>
<tr>
<td>Tuition</td>
<td>$200.00</td>
</tr>
<tr>
<td>Field Practice</td>
<td>150.00</td>
</tr>
<tr>
<td>Registration fee, Tuskegee Institute</td>
<td>5.00</td>
</tr>
<tr>
<td>Recreation activities fee—Tuskegee Institute</td>
<td></td>
</tr>
<tr>
<td>Health Services</td>
<td>10.00</td>
</tr>
<tr>
<td>Library—Laboratory fees</td>
<td>10.00</td>
</tr>
<tr>
<td>Educational supplies</td>
<td>7.00</td>
</tr>
<tr>
<td>Certificate</td>
<td>1.50</td>
</tr>
<tr>
<td>Maintenance:</td>
<td></td>
</tr>
<tr>
<td>Board, Room, and laundry</td>
<td>270.00</td>
</tr>
</tbody>
</table>

$653.50

Clothing, travel, and recreation expenses are not included in these estimates.
SCHOLARSHIPS

Scholarships are available from Federal funds to cover tuition, fees and maintenance. For information concerning scholarships apply to the Director of the Tuskegee Nurse-Midwifery School.

DATES OF ADMISSION

Classes are admitted twice a year, in January and July. Information concerning actual dates of admission may be secured at the time application is made.

HEALTH SERVICES

The health service facilities at John A. Andrew Memorial Hospital of Tuskegee Institute are available to students. Three days' hospitalization is allowed.

PERSONAL EQUIPMENT

Students are required to wear uniforms. The uniform of the public health nurse, navy blue with white collar, is preferable. A tailored coat, warm sweater, or jacket of conservative color is necessary. Galoshes and other wet weather equipment are essential. A fountain pen, notebook and watch with second hand are required.

Any student owning a car is requested to bring it with her.

All students must know how to drive a car.

PERSONNEL POLICIES

A 44-hour week is maintained with a daily 8-hour schedule. Students are off duty alternate week-ends. A day off is given during the week the student is on call for the week-end.

A schedule is made for night calls.

Students on deliveries during the night are given time off the following day, equal to the time on duty during the night. The schedules will vary with the number of students and the activities of the service.

Holidays allowed are those granted by the Alabama State Department of Health.

Sick leave is allowed at the rate of one day a month. Additional loss of time must be made up at the termination of the course.

LIVING ACCOMMODATIONS

Rooms may be rented on the campus of Tuskegee Institute or in the Nurses' Residence of the John A. Andrew
Sleeping quarters at Murray Smith Cottage for students on night call.

Memorial Hospital School of Nursing. Meals may be obtained at the John A. Andrew Hospital or at Tompkins Hall, Tuskegee Institute campus.

TRANSPORTATION TO TUSKEGEE

Students arriving by car should report to the John A. Andrew Memorial Hospital on the Tuskegee Institute campus. The nearest railroad station is at Chehaw, Alabama, from which transportation will be provided, if students give advance notice of expected time of arrival. Bus service is available directly to Tuskegee.

In case of emergency, call Macon County Health Department, Tuskegee, Telephone No. 290, from 8:15 to 5:00 p.m.; John A. Andrew Memorial Hospital, Tuskegee Institute, Telephone No. 331, after 5:00 p.m.
COURSE DESCRIPTION

The course covers a period of six months, or a total of approximately 1100 hours. This time is spent by the student as follows:

Class ........................................... 200 hours
Field Practice ..................................... 525 hours
  Home visiting ................................... 225 hours
  Delivery ....................................... 175 hours
  Tutorial time .................................... 125 hours
Clinic service ..................................... 125 hours
Miscellaneous activities ......................... 250 hours
  (includes recording, bag work, staff conferences, program planning, study periods, hospital rounds, special excursions, etc.)

Student practice period under the supervision of instructress.
The first week is devoted mainly to orientation of the student to her new environment.

In the classroom she observes demonstrations and is taught midwifery techniques and procedures, following which she is sent into the field under the supervision of a qualified nurse-midwife. After a period of supervised experience she is allowed to go into the home alone for antepartal and postpartal visits.

John A. Andrew Memorial Hospital, where students supplement the experience they obtain in the field.

Deliveries and clinic activities are also carried out under direct supervision of the obstetrician or nurse-midwife.

Five deliveries conducted by the obstetrician or staff nurse-midwife are observed in the home or hospital before the student is allowed to assume responsibility for a delivery. At no time is the student left without consultation or supervision during a delivery.
CURRICULUM

THE ART AND SCIENCE OF OBSTETRICS—50 hours
   Obstetrician
   Includes anatomy and physiology of pregnancy, labor and the puerperium, with particular emphasis on the normal and on recognition of pathological manifestations; care of the newborn, including premature infants.

NURSE-MIDWIFERY TECHNIQUES AND PROCEDURES—50 hours
   Director and Instructor
   The application of the medical science of obstetrics to the nursing specialty, midwifery.

PUBLIC HEALTH NURSING IN OBSTETRICS—75 hours
   Director and Instructor
   General survey of current trends and practices in the field of maternal and infant care. Application of nurse-midwifery to obstetric nursing in hospitals and public health.

THE PUBLIC AND MATERNITY CARE—15 hours
   Director and Instructor
   Discussion of community planning for improved maternal and infant care; parent education and midwife instruction and supervision.
   Classwork is followed by actual participation in teaching mothers’ classes and conducting midwife meetings.

OTHER SPECIALTIES APPLIED TO NURSE-MIDWIFERY—10 hours
   Special lecturers
   Significance of such conditions as syphilis, tuberculosis, malnutrition, congenital anomalies, etc., in the practice of nurse-midwifery and care of maternity patients and their infants.

TUTORIAL TIME—100-125 hours
   Director, Obstetrician, Instructor and staff
   Tutorial time is that spent in individual or consultation in clinic, office or at the patient’s bedside.
EXAMINATIONS

Examinations, written and oral, and demonstration of skills are given at intervals during the course. Periodic reviews of the student’s progress are made by the staff.

If the student fails to maintain requirements necessary for completion of the course she is requested by the end of the fourth month to withdraw from the school. No tuition is returnable, but all unused portions of moneys paid for room and board will be refunded.

Final examinations given at the completion of the course include a written examination given by the obstetrician, a practical examination given by the Director of the Nurse-Midwifery School, and an oral examination by a selected obstetric specialist.

CERTIFICATE

After satisfactory completion of the course the nurse receives a certificate from the Tuskegee Institute and is eligible to use the title of Certified Nurse-Midwife.
Student and staff nurse-midwives leave headquarters to answer a delivery call.